Fitzpatrick Quiz

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| --- | --- | --- | --- | --- | --- | --- |
| **Score** | **Question** | **0** | **1** | **2** | **3** | **4** |
|   | What color are your eyes? | Light Blue, Light Gray or Light Green | Blue, Gray or Green | Hazel or Light Brown | Dark Brown | Brownish Black |
|   | What color is your natural hair color? | Ivory White | Blonde | Dark Blonde or Light brown | Dark Brown | Black |
|   | What is the color of your skin? | Ivory White | Fair or Pale | fair to beige, with golden undertone | Olive or light brown | Dark brown or black |
|   | How many freckles do you have on unexposed areas of your skin? | Many | Several | A few | very few | None |
|   | How does your skin respond to the sun? | Always burns, blisters and peels | Often burns, blisters and peels | Burns moderately | Burns rarely, if at all | never burns |
|   | To what degree do you turn brown? | Never, I always burn | Seldom | Sometimes | Often | Always |
|   | Do you turn brown several hours after sun exposure? | Never, I always burn | Seldom | Normal | Often | Always |
|   | How sensitive is your face to the sun? | Very Sensitive | Sensitive | Normal | resistant | Very resistant/ Never had a problem |
|   | When did you last expose yourself to the sun, tanning bed or self-tanning creams? | More than 3 months | 2-3 months ago | 1-2 months ago | less than 1 month ago | less than 2 weeks ago |
|   | Do you expose the area to be treated to the sun? | Never | Hardly ever | Sometimes | Often | Always |

Please Circle the appropriate answers and total them at the bottom.

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| **Fitzpatrick Type** | **Score** |
| I | 0-7 |
| II | 8-16 |
| III | 17-25 |
| IV | 18-30 |
| V-VI | Over 30 |

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Total Score \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_